

TNF in neuroinflammation; what can be learned from TNF research in non-neuronal autoimmune diseases

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Abstract

Tumor necrosis factor (TNF) plays an important role in inflammation. It is thought to be a key mediator in neurodegenerative disorders such as Alzheimer's disease (AD), Multiple sclerosis (MS), and ischemic stroke. TNF's role as immune modulator makes it a potential target for therapy in neurodegenerative disorders. Despite that there have been many studies regarding the effect of TNF and its signaling pathways via its two receptors, namely TNF receptor 1 (TNFR1) and TNF receptor 2 (TNFR2), there is still much unknown. TNF research is not only limited to neuroscience on the contrary, TNF is a potent modulator in most inflammatory responses including autoimmune diseases. There have been loads of studies and trials regarding the role of TNF in autoimmune diseases such as: granulomatosis with polyangiitis (GPA), rheumatoid arthritis (RA), systemic lupus erythematosus (SLE), diabetes, and Sjögren's syndrome (SS). Anti-TNF therapy is widely used as treatment of RA and this gives insights on the effect of treatment on inflammation. The following essay focuses on the role of TNF in neurodegenerative diseases and how TNF and anti-TNF treatment in non-neurodegenerative autoimmune disorders may contribute to a better understanding of its involvement in neuroinflammation.

Introduction

Tumor necrosis factor (TNF) is one of the most prominent mediators of inflammation and plays a key role in instigating the immune response. Although researchers have been trying to elucidate TNF signaling and the role it plays in inflammation for over 40 years, there is still much unknown about TNF biology¹. Because of TNF's essential role as immune deregulator, either primary or secondary following medication, may greatly affect the pathology of inflammatory diseases.

There are two distinct TNF receptors; TNF receptor 1 (TNFR1) and TNF receptor 2 (TNFR2). It is generally thought that the two transmembrane receptors have opposing effects. The antagonistic effect allocates a pleiotropic effect to TNF which is yet to be fully understood². The immense biological role that TNF plays in the physiology of inflammation implicates that a better understanding of its pathways could prove to be beneficial of treatment in inflammation related diseases.

In recent years there has been a growing interest in TNF and its role in neurodegenerative diseases. TNF is thought to be involved in diseases such as Alzheimer's disease (AD), Multiple sclerosis (MS),

and other neurodegenerative disorders ³. A lot of progress has been made in understanding the role of TNF and its function in neurodegenerative disorders. However, the divergent role of TNF makes for a complex system which is still not fully unraveled.

While TNF intervention is not yet implementable for neurological conditions it has been intensively studied in non-neurodegenerative autoimmune diseases such as; Granulomatosis with polyangiitis (GPA), rheumatoid arthritis (RA), systemic lupus erythematosus (SLE), diabetes, and Sjögren's syndrome (SS) ⁴⁻⁸. Anti-TNF therapy is used as therapy for patients with RA and there have been several trials focusing on other autoimmune disorders ⁵. Because of the fundamental role of TNF in inflammation these results might give insights into the role of TNF in various diseases including neuroinflammation.

This essay focuses on research of neurodegenerative disorders and non-neurodegenerative autoimmune disorders in order to shed light on how the advances in immune therapy contribute to the understanding of TNF in neurodegenerative disorders.

TNF signaling

TNFR1 and TNFR2 pathways

There are two different TNF receptors; TNFR1 and TNFR2, both with distinctive signaling pathways (Figure 1) ⁹. TNFR1 activates a more apoptotic pathway and is activated by both membrane bound TNF (mTNF) as soluble TNF (sTNF) ¹⁰. After activation TNFR1 recruits the TNFR-associated death domain (TRADD). Subsequently TRADD recruits various proteins including receptor-interacting protein 1 (RIP1), inhibitor of apoptosis protein 1 (cIAP1), and inhibitor of apoptosis protein 2 (cIAP2) to form the membrane bound signaling complex I ¹¹. Signaling complex I can in turn activate catalytic I κ B kinase (IKK) that's able to phosphorylate and degrade the Kappa-B inhibitor (I κ B). With the loss of inhibition of I κ B, nuclear factor- κ B (NF- κ B) gets released and translocated to the nucleus where it initiates transcription of anti-apoptotic genes including cellular FLICE-like inhibitory protein (cFLIP)¹². If NF- κ B is insufficiently activated a second complex, signaling complex II can induce apoptosis. Signaling complex II is essentially a dislocated and slightly modified complex I. The cytoplasmic signaling complex II has instead of a cIAP1 protein a Fas-associated death domain (FADD). FADD activates pre-caspase 8 and subsequently initiates apoptosis. This is mainly regulated by cFLIP levels within the cell ¹³. Recent studies show that TNF is also able to induce necrosis via TNFR1 where the inhibition of caspases leads to an alternate signaling complex (Complex IIb). This complex is able to induce programmed necrosis via the mixed lineage kinase-domain like protein (MLKL) ¹⁴.

The signaling pathway activated by TNFR2 is less well studied than that of TNFR1 but is generally considered to promote cell survival¹⁵. TNFR2 is mainly activated by mTNF and recruits TNFR-associated factor 2 (TRAF2) upon activation¹⁰. TRAF2 recruits TNFR-associated factor 1 (TRAF1) and subsequently cIAP1 and 2 which are able to activate NF- κ B via IKK¹⁶. A second way for the TRAF2 complex to promote cell survival is to activate phosphatidylinositol 3-kinase (PI3K) which in turn phosphorylates protein kinase B (PKB) and subsequently NF- κ B, promoting cell survival¹⁷. Thirdly, TNFR2 is able to activate mitogen-activated protein kinase kinase kinase (MEKK1 or MAP3K) via TRAF2, which then activate c-Jun N-terminal kinase (JNK) by triggering JNK-activating kinase (JNKK1)¹⁸. Although acute activation of JNK leads to cell survival it is thought that long term activation can in fact promote apoptosis¹⁹.

The basic signaling pathways of both receptors are thought to be understood, in principle there seems to be an opposing role between the two. TNFR1 is able to instigate apoptosis and even programmed necrosis while TNFR2 promotes cell survival²⁰. And to make matters more complex, TNFR1 and TNFR2 are both able to instigate cell survival as well as apoptosis¹⁵. To make matters more complex TNFR1 and TNFR2 have been found to influence each other as well²¹.

TNF and immune activation

In addition to the apoptosis and cell survival regulation, TNF is also an immune-stimulatory cytokine. TNF stimulates inflammatory cytokine and cell adhesion molecules essential for the recruitment of inflammatory cells²². Also, TNFR1 signaling is required for T cell modulation and subsequently granuloma forming²³. TNF does not only act locally but it also exerts systemic functions, and can induce fever²⁴. These and other functions of TNF, vital for instigating the innate immune response via cytokine production and induction of cell adhesion molecules, explain the precarious role of TNF regulation²⁵. In the brain, TNFR1 promotes pro-apoptotic m1 microglia and at the same time prevents the switch to the pro-repair m2 microglia, leading to a more apoptotic driven cellular response^{26,27}. TNF1 also promotes glutamate release in microglia. This leads to excitoneurotoxicity and may cause neuronal damage in neurodegenerative diseases²⁸.

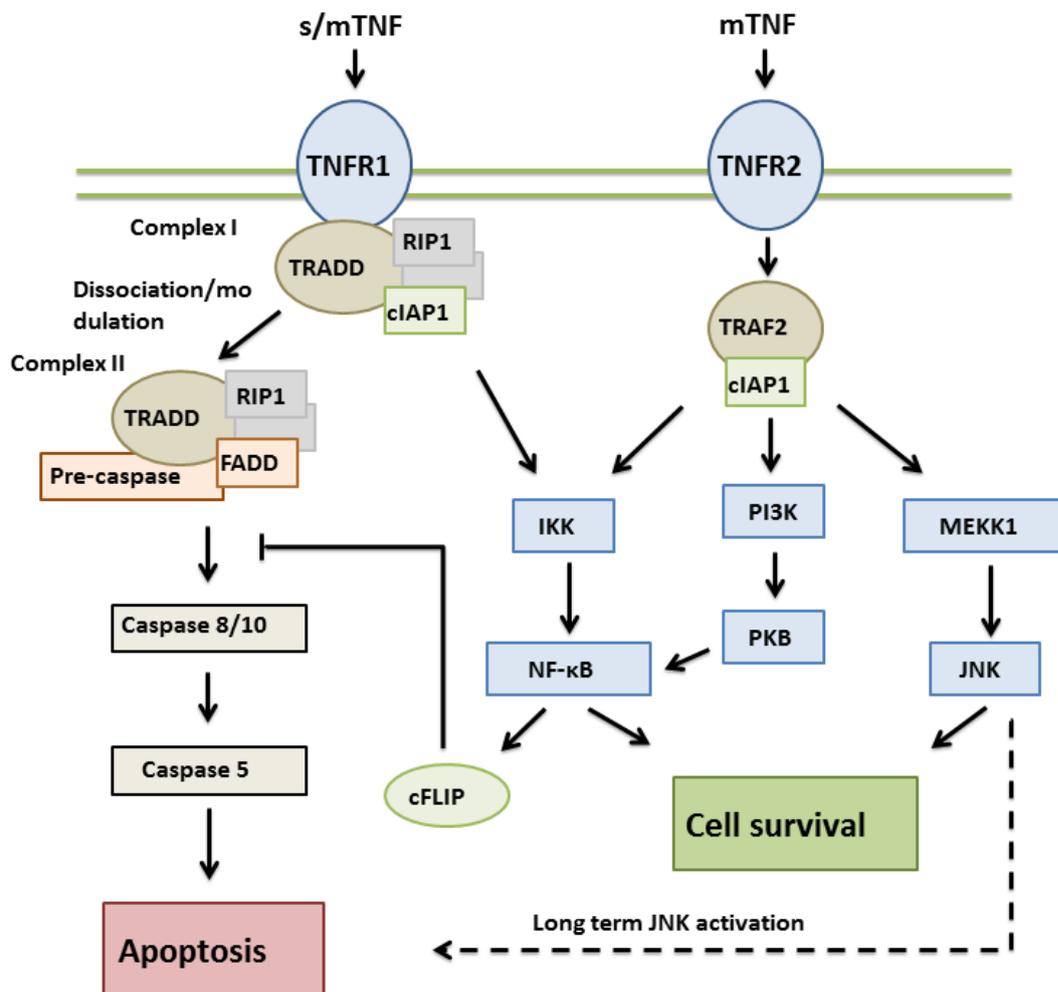


Figure 1. TNF signaling via TNFR1 and TNFR2. After activation of TNFR1 by either soluble TNF (sTNF) or membrane bound TNF (mTNF), TNFR associated death domain (TRADD) gets recruited. Subsequently receptor-interacting protein 1 (RIP1) and inhibitor of apoptosis protein 1 (cIAP1) are bound to form signaling complex I. Complex I is able to activate nuclear factor κ B (NF- κ B) via I κ B kinase (IKK), NF- κ B promotes cell survival by activating protein transcription, including FLICE-like inhibitory protein (cFLIP) which is able to inhibit apoptosis via complex II. When complex I gets dissociated from TNFR1 it forms complex II, loses cIAP1 and gains Fas-associated death domain (FADD). FADD recruits pre-caspase followed by a caspase cascade involving caspase 8/10 and caspase 3, resulting in apoptosis. TNFR2 activated by mTNF recruits TNFR-associated factor 2 (TRAF2) and activates NF- κ B via cIAP1 and IKK. A secondary pathway activates phosphatidylinositol 3-kinase (PI3K) which activates protein kinase B (PKB) and subsequently NF- κ B. Thirdly, TNFR2 activates mitogen-activated protein kinase kinase kinase (MEKK1) which activates c-Jun N-terminal kinase (JNK). Acute JNK activation promotes cell survival while prolonged activation may lead to apoptosis^{3,18,19}.

TNF in neurodegenerative diseases

Alzheimer's disease

Alzheimer's disease (AD) is a progressive neurodegenerative disorder characterized by amyloid beta (A β) plaques and hyperphosphorylated tau protein aggregates in the brain²⁹. Besides the pathological hallmarks of AD, evidence raises that neuroinflammation and subsequently TNF plays a key role in AD and that these pathways are activated in the early stages of the disease^{30,31}. Elevated TNF levels were found at the A β plaques and hyperphosphorylated tau protein sites of AD brain tissue³². The importance of TNF regulation in inflammation and the immune response is also supported by several genetic association studies done in neurodegenerative diseases. AD is associated with a polymorphism in the TNF promoter sequence that may cause higher levels of TNF^{33,34}. Also, a polymorphism in the TNFR2 gene is associated with late-onset AD (Perry 2001). Interestingly there seems to be a shift towards the TNFR1 pathway in AD, with TNF showing increased binding affinity towards the TNFR1 receptor³⁵.

Multiple studies in AD mouse models showed that a knockout or silencing of TNFR2, even in combination with a TNFR1 knockout, exacerbated AD pathology^{36,37}. In addition, overexpression of TNFR2 or a TNFR1 knockout were shown to have beneficial effects^{38,39}. There have been limited reports of anti-TNF therapy trials in AD patients. One trial where Etanercept was subcutaneous administered to patients did not show to have any significant effect on disease pathology⁴⁰. This was most likely due to the systemic administration and that Etanercept is not able to pass the blood-brain barrier (BBB)⁴¹. A case report showed that perispinal administration of Etanercept caused cognitive improvement in an AD diseased patient⁴². Although this was only reported once, combined with the theoretical knowledge and experimental data of animal studies, it does implicate anti-TNF might be a possible therapy for AD patients.

Multiple sclerosis

Multiple sclerosis (MS) is a demyelinating neurodegenerative disease. Demyelination of axons results in various neurological symptoms. Although it was first thought to be primarily caused by auto-antibodies, recent studies show that these antibodies might come secondary to the destruction of oligodendrocytes⁴³. This implies that TNF might be a key mediating factor. Genetic association studies in MS patients showed various polymorphisms related to the immune system including in the TNF region⁴⁴. Although not one polymorphism is directly linked to the disease, it seems that mutations present in the TNF gene may lead to a predisposition for MS. Also, polymorphisms in the TNF- β gene were found to be predictive of disease progression⁴⁵. Studies using experimental autoimmune encephalomyelitis (EAE) mice treated with the sTNF- α inhibitor Xpro-1595 showed less

clinical symptoms and pathology⁴⁶. These promising results led to a phase II trial where MS patients were treated with the TNF- α antagonist lenercept showing that total TNF blockage in patients caused an increase of symptoms and adverse events⁴⁷. This effect may be attributed the ability of lenercept to block both sTNF and mTNF, blocking not only TNFR1 but also the protective properties of TNFR2. This is supported by experiments in TNFR2 knockout EAE mice who developed more severe symptoms than normal EAE mice⁴⁸. In addition in another mouse model, using cuprizone to induce demyelination, TNFR2 was found to be accountable for remyelination of oligodendrocyte precursor cells⁴⁹.

Other neurodegenerative disorders

TNF is not only a likely mediator in AD and MS but may also contribute to the pathology of Parkinson's disease (PD), ischemic stroke, and several other diseases involving neurodegeneration^{50,51}. For example, TNF levels in the cerebrospinal fluid (CSF) are elevated in PD patients, implying the involvement TNF⁵². Animal studies using different models showed contradictory results. One study showed that induced PD by overexpression of α -synuclein increased TNF secretion. In addition, an *in vitro* study using cultured neurons showed TNFR2 activation led to the protection of neurons⁵³. Another study showed that mice lacking both TNFR1 and TNFR2 were protected against neurotoxicity while a knockout of TNFR1 or TNFR2 did not protect against neurotoxicity⁵⁴. TNF involvement in ischemic stroke is relatively well studied in various mouse models⁵¹. Interestingly, TNF was shown to be both beneficial and detrimental in a timing dependent manner⁵⁵. Inhibition of TNF after induced ischemic stroke, using Etanercept, was shown to reduce neuroinflammation⁵⁶. At the same time pretreatment with TNF had a neuroprotective effects and reduced infarct size⁵⁷. Moreover TNFR1 knockout mice showed larger infarct sizes compared with TNFR2 and wild-type mice, which suggests that TNFR1 is needed for initial protection of neurons⁵⁸. Next to these diseases TNF has been thought to play a role in other neurodegenerative diseases such as traumatic brain injury and epilepsy^{59,60}.

TNF in autoimmunity

Granulomatosis with polyangiitis

TNF is thought to be an important mediator in granulomatosis with polyangiitis (GPA), GPA is an autoimmune disease characterized by the presence of anti-neutrophil cytoplasmic antibodies (ANCA) and is part of a larger group of ANCA-associated vasculitis (AAV). GPA pathology includes inflammation of the small blood vessels, which often leads to kidney and respiratory inflammation ⁴. Because of the efficacy of anti-TNF treatment in RA, Etanercept was thought to be a treatment option for GPA as well. In contrary, a trial involving 180 patients treated with Etanercept showed that it was not effective as treatment in GPA. Furthermore, there were multiple malignancies found in the Etanercept treated group ⁶¹. And although the malignancies were most likely caused by a combination of disease and co-medication of cyclophosphamide, which is known to increase the risk of cancer; the combination with anti-TNF treatment is probably why more malignancies were found in the Etanercept trial ⁶². Although the malignancies could not solely be ascribed to Etanercept, it does illustrate the complexity of TNF signaling. In conclusion, anti-TNF treatment in GPA patients did not improve symptoms but could cause complications, thus it is not suited as therapy for GPA.

Rheumatoid arthritis

RA is a chronic inflammatory autoimmune disorder which affects approximately 0.5%-1% of the world population ⁶³. RA starts with synovial inflammation leading to cartilage and bone destruction, subsequent inflammation can cause systemic inflammatory disorders. The origin of RA is still unknown, although several genetic and, environmental factors have been associated with the disease. Most polymorphisms associated with RA involve T cell regulation, but mutations in the NF- κ B pathway have also been described ⁶⁴. TNF- α blockage is widely used as treatment in RA, and is found to relieve patients of symptoms and showed considerable improvements compared to standard treatment ⁵. The two main anti-TNF agents used as treatment of RA are Infliximab, a monoclonal anti-TNF antibody, and Etanercept, a dimeric TNF receptor linked by the human Fc part ^{65,66}.

Adverse effects are not only seen in GPA but also in RA patients treated with anti-TNF- α therapy. Despite the fact that anti-TNF therapy is commonly used, and is considered safe as treatment for RA, there have been reports of SLE like symptoms and some cases of neurological damage and demyelination ⁶⁷. It is not inconceivable that demyelination is caused by anti-TNF therapy considering the Lenercept trial in MS patients previously described ⁴⁷. For patients who already have a predisposition for neurological or demyelinating diseases anti-TNF treatment may be enough to instigate the disease ⁶⁸. Despite these reports anti-TNF is widely used as a treatment for RA and only rare cases of neurological side effects are known ⁶⁹.

Systemic lupus erythematosus

Systemic lupus erythematosus (SLE) is an autoimmune disease characterized by the presence of antinuclear antibodies (ANA) and anti-dsDNA antibodies ⁷⁰. The main pathology of SLE involves inflammation, vasculitis, and immune complex aggregates ⁷¹. SLE is a complex disease associated with a multitude of genetic mutations and factors such as sex and hormone balance ^{6,72}. SLE can also be induced by environmental factors including UV light, radiation chemicals or therapy. There have been noted over 80 drugs with drug-induced SLE ⁷³.

The earlier mentioned successes achieved with anti-TNF treatment in RA patients led to believe anti-TNF therapy could very well be able to treat SLE. There have been several clinical trials conducted using TNF-blocking agents in patients with SLE that resulted in both positive and negative results. One trial showed higher ANA levels but clinical improvement in SLE patients treated with infliximab ⁷⁴, while another trial with Infliximab showed that several patients developed antibodies directed at chromatin components. One patient developed anti-dsDNA antibodies with reversible anti-TNF induced lupus (ATIL) ⁷⁵. ATIL in RA patients treated with Etanercept after discontinuation of therapy SLE-related symptoms ameliorated ⁷⁶. Another trial showed that infliximab caused higher ANA levels but did not affect the disease score ⁷⁷. These findings suggest a precarious balance between auto-antibodies and TNF blockage in SLE patients treated with anti-TNF drugs ⁷⁸. This is also illustrated findings in RA patients with pre-existing anti-dsDNA antibodies, where patients developed ATIL after switching from infliximab to another TNF-inhibiting drug called adalimumab ⁷⁹. These trials, and findings of SLE like symptoms in RA patients treated with Infliximab, led to a contraindication of anti-TNF treatment in SLE patients ⁸⁰.

Diabetes

There are two main types of diabetes; type 1 diabetes (T1D), and type 2 diabetes (T2D). T1D is characterized as an autoimmune disease which leads to the destruction of insulin-producing β cells, often antibodies directed at the islet cells are present in sera of patients ⁸¹. T2D is not an autoimmune disease but patients develop an insulin resistance which is mainly caused by obesity and lack of exercise. Adipose tissue is responsible for various inflammatory markers which might be the cause of insulin resistance ⁸².

Non-obese diabetes (NOD) mice are used as a model to study diabetes. These mice mimic pathogenesis of type 1 diabetes (T1D). The pleiotropic nature of TNF is clearly illustrated by studies involving NOD mice and the effect of TNF in T1D development. One study showed that local expression of TNF in the islets prevented autoimmunity and diabetes ⁷. A second study showed that local TNF in neonatal NOD mice was able to enhance antigen presentation and subsequently

promoting diabetes⁸³. Another study showed that TNF administered to NOD mice from birth to days 21-24 caused earlier onset of diabetes whereas anti-TNF administered in the same period reduced the incidence of diabetes. When TNF was given after week 4 for a period of 3 weeks, the incidence of diabetes decreased while at the same time anti-TNF treatment led to earlier onset of diabetes⁸⁴. NOD mice seem to be an applicable model for T1D, sharing the same pathological hallmarks. But there are limitations to this model, as it is relatively easy to prevent diabetes in NOD mice and hundreds of studies were successful in preventing diabetes development⁸⁵.

There have been studies that showed TNF is able to induce insulin resistance in mouse models⁸⁶. Another study showed that T2D patients treated with an anti-TNF antibody did not affect insulin sensitivity⁸⁷. In addition, a more recent study showed that there are no significantly elevated levels of TNF in healthy subjects compared to both obese persons without T2D and obese T2D patients. The same study showed that several inflammation markers such as interleukin-6 and C - reactive protein were elevated, suggesting a subordinate role for TNF in T2D⁸⁸.

Sjögren's syndrome

Sjögren's syndrome (SS) is a chronic autoimmune disease that involves abnormalities in T and B lymphocytes, and inflammation of the exocrine glandular cells. SS can be primary (pSS) or secondary (sSS) when associated with other autoimmune diseases⁸⁹. Patients show decreased tear and saliva secretion causing dry eyes and mouth which results in poor quality of life. In later stages SS can cause inflammation in other organs including skin, lungs, gastrointestinal tract, blood vessels, bladder, kidneys, and vagina. 4-10% of SS patients develop B cell lymphomas as result of disturbances in B cell homeostasis⁹⁰. Characteristic of SS is infiltrates of T and B cells, overexpression of TNF caused by CD4+ T lymphocytes, epithelial cells, and mononuclear cells have been found within these infiltrates⁸. There is evidence that intraglandular TNF synthesis increases type 2 and 9 matrix metalloproteases (MMP-2/9) and expression of Fas on the cell surface. MMP-2, MMP-9 and Fas have been shown to induce destruction of salivary cell lines and acinar structure of SS salivary glands⁹¹. For this reason anti-TNF therapy was considered a possible therapeutic target in SS.

An early pilot study with a one year follow-up, using Infliximab in pSS presented promising results with patients showing clinical improvement^{92,93}. But surprisingly, a second larger randomized, controlled trial using Infliximab showed no differences between the placebo and Infliximab treated group⁹⁴. Finally, an Etanercept trial on 15 pSS patients showed no reduction of clinical symptoms⁹⁵. In the year 2013 a notice of retraction appeared in *Arthritis & Rheumatism* reporting of methodological errors in the first pilot study, and that treated patients did in fact not differ from non-

treated patients⁹⁶. This showed that, although SS has all the hallmarks of a TNF mediated disease, anti-TNF therapy could not be proven beneficial for SS patients.

Discussion

TNF has been a prime suspect in inflammation and autoimmunity for some time now, and although successful in treating RA patients, it still seems that the complexity and a specificity of TNF itself make it a difficult target in neuroinflammation. The involvement of TNF in autoimmune diseases differs greatly, whereas therapy was found to be beneficial in RA, it did not reduce symptoms GPA and SS patients. Implying that even in diseases relatively similar, underlying causes greatly affect TNF involvement.

It seems that TNF is generally pro-inflammatory but not necessarily pro-apoptotic and thus a relatively non-specific cytokine. Blocking TNF is shown to improve RA symptoms but TNF treatment in the brain might need more specific targeting of TNFR1. Considering that apoptosis may even be induced via TNFR2, TNF interference might need to look beyond TNFR1 and TNFR2 and target other modulating factors that favor a cell survival directed pathway⁹⁷. It might be interesting what factors, besides cross talk between TNFR1 and TNFR2, are responsible for TNF receptor expression.

Some studies have been carried out on TNFR1 and TNFR2 knockout mice. It should be noted that early studies showed that proper TNF signaling is a requirement for germinal center forming and B cell follicle development, and thus the humoral immune response⁹⁸. And although T cells appear almost unaffected in their development without TNF, some infectious agents were shown to trigger a disorganized infection subsequently leading to death in TNF-deficient mice, while causing only a mild response in normal mice⁹⁹. This makes it hard to estimate the clinical relevance of these studies. Also, mice models are not perfect representations of disease development; in most cases they merely imitate disease pathology. This causes differences in outcome when animal studies are translated to human trials, as has been the case in MS treatment with TNF blockage. EAE mice treated with the sTNF- α inhibitor Xpro-1595 showed less clinical symptoms and pathology⁴⁶. While in contrary a phase II trial where MS patients were treated with the TNF- α antagonist Lenercept showed that total TNF blockage in patients led to an increase of symptoms⁴⁷.

The case report where Etanercept was administered via a perispinal injection in a patient with AD is promising for ischemic stroke and traumatic brain injury patient⁴². Although this report only involves one treated patient, it does suggest an important role for anti-TNF treatment. Further research will be necessary to investigate if Anti-TNF treatment might help to prevent additional neuronal damage

when administered directly after an ischemic stroke or traumatic brain injury. There is one other report of perispinal Etanercept treatment, administered to three patients with chronic stroke deficits months after the initial stroke. All three patients are said to have improved in motor skills, special perception, speech and cognition¹⁰⁰. However, the patients did not improve in such matter that the placebo effect of the treatment can be ruled out. This effect cannot be ruled out since it has been shown that in diseases such as PD, MS, and RA there is a significant effect, some not unlike the improvements seen in the three cases^{101–103}.

Maybe the most promising mechanism which seems to be involved in both autoimmune, and neurodegenerative disorders is the involvement of MMP-9. MMP-9, as discussed earlier, might be responsible for TNFR1 induced destruction of salivary glands in SS⁹¹. But MMP-9 is not only of interest in SS but has also been described to promote pathological processes in the brain. MMP-9 was shown to be able to disrupt the blood-brain barrier causing deterioration of the extracellular matrix¹⁰⁴. TNF treatment however did not show to be instrumental in treating SS which implies that there are more factors regulating MMP-9 in inflammation, at least in SS but possibly also in neurodegenerative diseases⁹⁵. One possible factor is neutrophil gelatinase-associated lipocalin (NGAL), a downstream regulator activated by TNFR1³. NGAL silences the TNFR2-PI3K pathway and is known to form complexes with MMP-9 increasing its stability¹⁰⁵. In SLE anti-NGAL IgG serum levels are associated with general inflammatory markers and the disease itself¹⁰⁶. Suggesting NGAL may play a role in disease pathology. Surprisingly, a study using lipocalin 2 (the murine orthologue of human NGAL) deficient mice showed that the deficient mice had significantly higher levels of IgG compared to normal mice¹⁰⁷. This suggests that a basal level of NGAL may be a requirement for the inhibition of antibody levels and in this way inhibiting the immune response. This in term might be an (partial) explanation for the fact that MS patients showed exacerbation of disease symptoms when treated with anti-TNF agents. This means that, although NGAL targeting in neurodegenerative diseases might be promising, the effects of NGAL on the adaptive immune response must be taken into consideration.

In conclusion, several studies have shown that anti-TNF therapy can be beneficial in inflammatory diseases but the differences in underlying pathology attributes greatly in the efficacy of TNF interference. Specific TNFR1 targeting, or targeting of its downstream protein NGAL, might hold the key for more specific treatment with possibly less complications. Although autoimmune diseases have many similarities among them the effect of anti-TNF treatment illustrates that there are key differences, the same might hold true for neurodegenerative disorders.

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