The Contribution of Marine Protected Areas to Resilience and Persistence in Marine Fish Species

M.P.M van Zinnicq Bergmann
Department of Marine Biology
University of Groningen
Supervisor: Wytze Stam

Abstract

Networks of no-take marine protected areas (MPAs, areas in which there is no fishing at all) have been widely recommended for the conservation of marine biodiversity. But for marine populations to gain resiliency and persistency that protect them from external factors which may cause declination of the population, individual MPAs must be simultaneously self-sustaining and adequately connected to other MPAs via larval dispersal. For marine species with a dispersive larval stage, populations within MPAs require either the return of settlement-stage larvae to their natal reserve or connectivity among reserves at the spatial scales at which MPA networks are implemented. Until now, larvae have not been tracked when dispersing from one MPA to the other, and the relative magnitude of local retention and connectivity among MPAs remains unknown. In this review, studies on the panda clownfish, the orange clownfish, the vagabond butterflyfish and weakfish provide the first estimates of connectivity in a marine fish species. The results show that populations are sustained by a significant amount of self-recruitment, but it also largely depends on larval dispersal from and to other populations within or outside the MPA boundaries. More generally, the knowledge from these studies provides new insights in MPA development, and hopefully adds to the resilience and persistence of marine fish species.

Introduction

Networks of no-take marine protected areas (MPAs) have proved to be an efficient tool for both marine biodiversity protection and fishery management [1-3], and an increasing number of networks are being planned and implemented [4-6]. They contribute to the conservation of biodiversity by achieving three conservation objectives: 1) maintenance of essential ecological processes, 2) preservation of genetic diversity, and 3) ensuring sustainable utilisation of species and ecosystems [7]. They also contribute to broader marine management objectives through habitat conservation, replenishment of depleted fish stocks, enhancing productivity and insuring against fisheries management failure [8-11]. In order to achieve these objectives the ultimate goal of marine biodiversity conservation is to conserve the full range of marine biodiversity in MPAs, from gene pools to populations, species, habitats and ecosystems, and to ensure their long term persistence [3, 12-14]. To promote population persistence, MPAs must be simultaneously self-sustaining [15, 16] and linked to other protected areas to promote recovery from local extinctions [17-20].

Connectivity is the exchange of individuals among geographically separated groups, which is a critical property of marine populations, both in and outside MPAs [21]. Connectivity rates determine colonization patterns of new habitats, the resiliency of populations to harvest and the design of MPAs [22]. Larvae typically spend times ranging from days to months in the pelagic environment before seeking suitable habitat to begin their adult life. Prevailing oceanographic currents may transport these larvae over large distances to form demographically ‘open’ populations that are linked by larval dispersal [2, 23]. Because of the highly variable duration in which larvae spend their time in the pelagic, direct measurements of connectivity are challenging and beside natal origins of adults are almost invariably unknown [24-28]. This lack of knowledge is primarily due to the difficulty of conducting mark-recapture studies in species that are characterized by the production of large numbers of small pelagic offspring that suffer high initial mortality rates [22].

Recent evidence from diverse fields like physical oceanography [21, 29], molecular genetics [30, 31], and otolith chemistry (natural tag of natal origin) [22, 27] suggest that at least some larvae return to the same subpopulation as their parents. However, the spatial scale over which marine populations are connected by larval dispersal continues to generate controversy due to a lack of solid empirical data on how far larvae can potentially travel [32, 33]. This information is vital for practical terms, because the degree of connectivity among geographic areas set the scale at which management strategies for exploited marine species needs to be applied [34].

More insight in larval dispersal and natal homing could help in the development and optimization of marine reserves with higher
resilience and persistence which could protect these marine fish species from outside interference in a more efficient way than before.

In this paper, I approach the idea of how marine protected areas help in conserving marine fish species by focusing primarily on larval dispersal and natal homing behaviour.

Results

To gain insight in natal homing behaviour and dispersal distances in marine fish species, Jones et al. (2005; 16) combined mass-marking of larvae in the field with the application of DNA paternity analyses to estimate self-recruitment in a population of panda clownfish (Amphiprion polymnus) associated with a discrete aggregation of anemones (Stichodactyla haddoni and Heteractis crispa) located in shallow sandy areas adjacent to Schumann Island, in Kimbe Bay, Papua New Guinea (Figure 1A). The population was spatially divided into five subareas where no individuals were found in adjacent sand or coral habitats or within 1 km beyond any of the subareas (Figure 1B). Each anemone was colonized by a maximum of one breeding pair and up to eight juveniles and subadults. A total of 40 anemones were found in the five subareas, with 33 anemones supporting breeding pairs (Figure 1C). Females laid demersal eggs on the upper surface of shells or dead coral next to the anemone. The embryos of A. polymnus hatch after 6-7 days of development, providing an opportunity for in situ marking of embryonic otoliths (ear bones) via tetracycline immersion [28]. Late-stage-larvae then settled into anemones after a pelagic larval phase lasting 9-12 days [35].

During two 3 month periods (April-June 2002, and August-October 2003) egg production was monitored and otoliths of all embryos produced by females in the study area were labeled. In 2002, marking was restricted to subareas a-c. Otoliths of ten from a total of 63 recruits (16 %) collected tested positive for the tetracycline mark (Table 1). In 2003 the whole study site was taken. More adult pairs were marked over the whole population. They found that 23 fish from a total of 73 newly settled recruits (32 %) were marked and had recruited to their natal population (Table 1).

Spatial and temporal patterns in arrival were the same for both marked and unmarked recruits. In 2003, most of the marked recruits arrived at subarea c, which also had the highest recruitment as a whole (Table 2). Egg production and larval settlement seem to follow predictable patterns, with broad cycles of egg production followed by more discrete recruitment pulses at or shortly after the new moon (Figure 2). Only during the peaks in recruitment did larvae return to their natal population. The overlapping spatial and temporal patterns in self-recruitment and recruitment suggest that the arrival of self-recruiters and immigrants are driven by the same processes.

A DNA paternity analysis was applied to all resident adult pairs arriving in 2003 using 11 microsatellites DNA markers to provide accurate identification of the paternity of newly settled recruits. Paternity analysis identified the location of the parents that produced offspring returning to the research area and created a measure of the distance between the settlement site and their natal anemone. On the basis of genetic markers, they found that 23 individuals from a total of 73 newly settled recruits
were spawned by local adult pairs (Table 1) which is identical to the result provided by the mass-marking experiment.

No correlations were found between the number of self-recruiters and larval production or self-recruiters and adult numbers at the source subarea. The 23 newly settled recruits that returned to the study area came from either of the subareas a-c, but they did not contribute equally. Nine self-recruiters came from seven adult pairs in subarea a, where there were only nine adult pairs in total, compared to subarea c where only five self-recruiters were counted despite having the highest number (13) adult pairs and greatest overall egg production. The net direction of dispersal over the three months might indicate a local source-sink dynamic within whole Schumann Island population. Sixteen out of 23 newly settled recruits were collected in subareas a and d, and five returned to their natal subareas <50 m from their parents. None returned to the same anemone as their parents, indicating that direct kin relationships between adults and juveniles are likely to be rare.

Because the 9-12 days larval duration of *A. polymnus* is shorter than is typical for most other coral reef fishes [36], they might be expected to have relatively short dispersal distances. But although the local panda clownfish population is clearly sustained by significant self-recruitment, it does not explain where the remaining 68% of larvae settling at Schumann Island come from or whether juveniles born at Schumann Island are successfully recruiting themselves to anemones within or outside Kimbe Bay. These results show that both extremely localized and longer-distance dispersal must be occurring in the panda clownfish.

Almany et al. (2007; 37) conducted a similar research as described above, but instead they focused on populations of two other species of coral reef fishes that differ in reproductive strategies, located around Kimbe Island in Kimbe Bay, Papua New Guinea. The orange clownfish (*Amphiprion percula*) spawns demersal eggs that hatch after several days of parental care, after which they spend ~ 11 days in the pelagic environment. In contrast, vagabond butterflyfish (*Chaetodon vagabundus*) release gametes directly in the water column (which means there is no parental care), and larvae spend ~ 38 days in the pelagic environment. The reproductive characteristics of the vagabond butterflyfish are also the most commonly found in marine fish species [37].

In December 2004, larvae of both species were tagged using stable barium (Ba) isotopes. These isotopes were injected into the mothers so they transmit these isotopes to their offspring before hatching and dispersal [38]. A total of 176 female clownfish and 123 butterflyfish from the reef surrounding Kimbe Island (Figure 3) were captured and injected with BaCl\(_2\) solution. In February 2005 around Kimbe Island 15 clownfish and 77 butterflyfish were collected that had recently settled into reef habitats after completing their pelagic larval phase.

Assuming all clownfish larvae were tagged produced from Kimbe Island, 60% of the juveniles displayed natal homing behaviour. A remarkable 60.1% of juvenile butterflyfish returned to their natal reef, found in a variety of locations scattered around Kimbe Island, although the greatest number juveniles of both species occurred at the south-eastern corner of the island (Figure 3).

These results show that larvae are capable of returning to a very small target reef (only 0.3 km\(^2\)), even after an extended larval duration. Although there is much indirect evidence for the limited dispersal of marine larvae [39], these results, in combination with two previous mark-recapture studies of larval dispersal [16, 28], suggest that self-recruitment in marine fish populations may be common and take place on a much smaller scale than previously realized. Even though high levels of self/recruitment were detected, ~ 40% of the juveniles came from outside the MPA. Because the distance between Kimbe Island and the nearest reef is 10 km, and typically reefs in this region are separated by 5 to 20 km, ecologically important larval dispersal must occur between populations.

\begin{table}
\centering
\begin{tabular}{|c|c|c|}
\hline
Subarea & Total Recruits & Total Recruits & Total Recruits & Marked Recruits \\
& (tel) & (pat) & (tel) & (pat) \\
\hline
a & 25 & 4 & 0 & 0 \\
b & 17 & 4 & 4 & 5 \\
c & 18 & 0 & 0 & 0 \\
d & 18 & 3 & 3 & 2 \\
e & 18 & 0 & 0 & 0 \\
\hline
\end{tabular}
\caption{Spatial Distribution of Self-Recruitment}
\end{table}
Thus, the Kimbe Island MPA is likely to be both self-sustaining and providing recruitment subsidies to populations beyond its boundaries.

After Almany et al. (2007; 37) found evidence of high local replenishment to a population of ~ 200 adults living in anemones on shallow reefs near the island, Jones et al. (2009; 34) came back to Kimbe Island to do more extensive research on *A. percula* larval connectivity, whereby they focused on generating direct estimates of larval connectivity by identifying the parents of *A. percula* larvae that returned to Kimbe Island and those that dispersed to adjacent subpopulations up to 35 km away. In order to generate these estimates, they used a large-scale application of DNA parentage analysis.

Sixteen polymorphic microsatellite DNA markers were screened from a total of 506 potential
A. percula parents at Kimbe Island sampled in December 2004. This was assumed to present the entire population. Then 400 newly settled juveniles were collected from Kimbe Island in December 2004 and April 2005 and also from anemones at Wulai Island, Cape Huessner, and Restorf Island in April 2005 (Figure 4A). Of the total of 400 juveniles collected in Kimbe Bay, 122 were identified as progeny of adults at Kimbe Island, based on parentage analysis by a maximum likelihood procedure. Of the 133 juveniles collected at Kimbe Island in December 2004, 56 (42 %) were identified as progeny of Kimbe Island adults, compared with 51 of 121 (42 %) collected in April 2005 (Figure 5).

DNA parentage analysis also allowed for documentation of levels of local replenishment at the individual lagoon scale (Table 3). In 2004, 23 of the 55 recruits (42 %) that were spawned by adults at Kimbe Island settled back in their natal lagoon, compared with 17 of 51 (33 %) in 2005. However, the Kimbe Island connectivity matrix revealed no relationship between the magnitude of connectivity and the distance between the lagoons (Table 3). Also 15 individuals were identified from Kimbe Island parents at surrounding reefs in Kimbe Bay (Figure 6). The parents of the only juvenile collected on South Bay Reef were located on Kimbe Island, and more surprisingly, they found juveniles that had been spawned on Kimbe Island reefs at the other 3 Kimbe Bay locations, indicating a larval dispersal of 15-35 km. A total of 10 % (5 of 50) did Kimbe Island contribute to juveniles collected at Restorf Island, 6 % (6 of 105) of those collected at Cape Huessner, and 5 % (3 of 56) of those collected at Wulai Island.

The full geographic extent of this metapopulation remains to be determined, but given the fact that A. percula has a relatively short pelagic larval duration for a reef fish [37], significant demographic connectivity between the subpopulations in the MPA network appears to be likely for most other reef fishes as well. Lying ~ 30 km offshore of the north coast of New Britain in the Bismarck Sea, Kimbe Island is located within a hydrodynamic regime subject to eddies originating from instabilities in the South Equatorial Current and New Guinea Coastal Current [40]. Biophysical modelling for the tropical western Pacific region also suggests high levels of connectivity in regions where reefs are only 20-30 km apart, including species with a wide range of pelagic larval durations [41]. Levels of both local replenishment and connectivity for A. percula appear to be demographically significant and likely contribute to the persistence of discrete populations within the larger metapopulation.

These data provide evidence that larval subsidies from a single reserve may contribute to the resilience of subpopulations at other reserves within a network of MPAs.
Another study conducted by Thorrold et al. (2001; 22) on weakfish (*Cynoscion regalis*) shows similar natal homing behaviour like that in *A. polymnus,* *A. percula* and *C. vagabundus,* only the difference between them is that *C. regalis* is an estuarine-spawning marine fish, living in eastern North America [22]. They used stable isotope and elemental signatures in otoliths of returning spawners to estimate philopatry and population structure in *C. regalis* to provide estimates of natal homing and population structure in the presence of significant connectivity among groups within the larger metapopulation.

Adult weakfish follow an annual migration pattern along the east coast of the United States that takes them from overwintering grounds south and offshore of Cape Hatteras to spawning locations in estuaries and coastal embayments throughout the species range (Florida to Maine) in the spring and early summer [22]. Generally larvae are retained within natal estuaries through selective tidal stream transport [42], and reside in these estuaries until migrating to overwintering grounds in the autumn. Given the lack of dispersal, connectivity rates were primarily determined by the tendency for adult fish to return to their natal estuary to spawn.

Individual juveniles collected in 1996 were assigned to natal estuaries using linear discriminant function analysis (LDFA). They found that homing of spawning weakfish to natal locations was high, ranging from 60 % in Pamlico Sound to 81 % in Georgia. Straying was largely confined to

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Table 3. *A. percula* connectivity matrix among 5 lagoons surrounding Kimbe Island, calculated by identifying the natal origins of juveniles collected during 2 sampling trips in December 2004 and April 2005

<table>
<thead>
<tr>
<th>Settlement lagoon, December 2004 collection</th>
<th>A (n = 32)</th>
<th>B (n = 20)</th>
<th>C (n = 11)</th>
<th>D (n = 32)</th>
<th>E (n = 30)</th>
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<tbody>
<tr>
<td>A</td>
<td>12</td>
<td>3</td>
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<td>1</td>
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<tr>
<td>B</td>
<td>3</td>
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<td>3</td>
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<tr>
<td>C</td>
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<td>D</td>
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<td>3</td>
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<td>E</td>
<td>0</td>
<td>1</td>
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<td>6</td>
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<table>
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<tr>
<th>Settlement lagoon, April 2005 collection</th>
<th>A (n = 29)</th>
<th>B (n = 23)</th>
<th>C (n = 18)</th>
<th>D (n = 18)</th>
<th>E (n = 37)</th>
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<tr>
<td>A</td>
<td>5</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>B</td>
<td>4</td>
<td>2</td>
<td>2</td>
<td>0</td>
<td>2</td>
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<td>C</td>
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<td>E</td>
<td>5</td>
<td>1</td>
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<td>1</td>
<td>7</td>
</tr>
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Lagoon A, 69 anemones (*n* = 69); lagoon B, *n* = 38; lagoon C, *n* = 29; lagoon D, *n* = 58; lagoon E, *n* = 45. All juveniles in the analysis were identified as being the progeny of Kimbe Island adults using DNA parentage analysis. Bold figures on the matrix diagonal indicate the number of juveniles that returned to their natal lagoon.

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Figure 5. Map of locations of all anemones in each of the 5 lagoons (A-E) that harboured adult or juvenile *A. percula* around Kimbe Island. (A) Location of anemones with adult *A. percula* that either produced larvae that subsequently settled into anemones around Kimbe Island (yellow symbols) or did not produce larvae that returned to Kimbe Island (black symbols). (B) Location of anemones with recently settled juvenile *A. percula* that either were progeny of Kimbe Island adults (red symbols) or had dispersed from reefs at least 6 km away from Kimbe Island (white circles).
locations adjacent to natal estuaries, and was not due to a complete breakdown of homing behaviour. For instance, Delaware Bay strays were predominantly found in Chesapeake Bay, whereas strays from New York were only found in Delaware Bay.

Only speculations can be made on the mechanisms by which individual fish may be able to navigate back to natal spawning sites some 2 years after initial outmigration from juvenile nursery areas. The ability of adult salmon species to home to natal streams through the use of olfactory and other cues is well known [43]. Similar imprinting by juvenile weakfish while they reside in natal estuaries is possible, because juveniles may spend 3 to 5 months in these nursery areas before migrating out during the fall of their first year [22]. Alternatively, weakfish may learn of migration routes and spawning sites through social transmission or tradition, as has been suggested for the Atlantic herring [44].

Weakfish are currently managed as a single stock along the east coast of the United States on the basis of allozyme and mtDNA data that have suggested no genetic structuring throughout the region [22]. More recently, analyses of microsatellite and intron markers from the same juvenile weakfish used in the otolith assays detected no genetic differentiation among the five estuaries [45]. However, data from this study showed that there is much more spatial structure than is currently assumed by fisheries managers and that it might be helpful to consider weakfish population dynamics from a metapopulation perspective [22].

Connectivity estimates that were derived can be used to parameterize metapopulation models of weakfish dynamics that may, in turn, be used to evaluate novel approaches to fisheries management. For instance, the discovery of significant spawning site fidelity has considerable implications for the design of MPAs along the east coast of the United States. Weakfish population with high level of natal homing will be significantly more vulnerable to fishing activity than would be predicted on the basis of current stock models. Tracing population connectivity through larval dispersal and natal homing will be the most important element for the design and implementation of new MPAs [22].

Discussion / Conclusion

Tracing back juveniles to their parents after they finished their larval phase revealed significant larval homing behaviour in some marine reef fishes [16, 34, 37]. An extended larval duration does not seem to affect the ability of homing back to where they were born [37]. Although it has been shown that coral reef fish larvae may return to large natal populations [27, 28], *A. polymnus* shows that at least some marine fish species are able to accurately home back to their natal spawning ground at a scale of tens of meters rather than kilometers [16]. Because clownfish have a highly specialized association with a few anemone species [46], there may be a particular advantage to not dispersing away from a suitable habitat. Moreover, if the parental habitat is of sufficient quality for survival

Figure 6. Larval dispersal of *A. percula* from Kimbe Island to other designated marine reserves in western Kimbe Bay. (A) Proportion of recently settled juvenile *A. percula* collected at each of 4 locations that were progeny of Kimbe Island *A. percula*. The red boxes outline proposed reserve boundaries [6]. (B) Location of adult *A. percula* that produced larvae that successfully dispersed and settled on anemones away from Kimbe Island (yellow symbols).
and reproduction, you would expect some degree of self-recruitment [37].

The mechanisms by which larvae were able to maintain their position or find their way back to their natal population are as yet unknown [16, 37]. At Schumann Island, panda clownfish embryos often hatch in strong tidal currents, so posthatch larvae are likely to be transported away from the immediate area. Field evidence suggests that reef fish larvae migrate vertically in the water column to exploit currents at different depths and thereby avoid dispersal away from spawning locations [47]. Larvae are also capable of sustained directional swimming soon after hatching [48], and possess a range of well-developed sensory systems to locate and orient to reefs, including sight, smell and sound [48-51]. Thus interactions between physical oceanographic process and larval behaviour may lead to significant retention of larvae in near-shore waters adjacent to the natal population [52, 53]. That sensory systems and species behaviour may help to locate natal grounds has been backed up by studies conducted on salmonids [43]. Atlantic herring [44] and probably for North American weakfish as well [22].

Self-recruitment has been observed in all of the fish species studied, but not all species rely equally on this phenomenon. Studies conducted on C. vagabundus and A. percula (2007; 37) show ~ 60% of the settled larvae originate from inside the area, indicating that both self-recruitment and larval dispersal (other 40%), both on a highly local scale as well as on a longer-distance scale, may play a huge role in the persistence of these marine fish species. However, two years later a similar research was conducted on A. percula, which shows that self-recruitment is actually lower than was observed in 2007. On the other hand, the A. polymnus study showed that the rate of dependency on larval dispersal among subspecies can vary greatly (68% comes from outside the area) [16].

There is universal acceptance that understanding patterns of larval retention and population connectivity are critical for sizing and spacing closed areas in MPA networks [13, 24, 54-59]. The optimal design should be one in which individual MPAs are large enough so that populations within the MPA can sustain themselves, yet small enough and spaced so that a proportion of larvae produced inside the MPA is exported to unprotected areas [13, 16, 60]. Although it is widely speculated that MPAs may provide a recruitment subsidy to fished areas beyond their boundaries [54], these studies demonstrate that there are also significant recruitment benefits within the MPA and that the spatial scale at which coral reef MPAs can achieve these dual management objectives may be relatively small [16, 37]. Moreover, Planes et al. (2009; 34) conclude that the dispersal pattern found supports the contention that individual MPAs can be of a size that offers protection of resident population and spaced within a network to allow for significant exchange of dispersers among MPAs [37, 61]. Theory suggests that low rates of migration often are sufficient to rescue individual populations from local extinction [38, 39]; thus, it is encouraging to find that for an MPA network designed with limited information on larval dispersal [6], one iconic reef fish species (the orange clownfish) appears to experience the conservation benefits of both local replenishment and larval connectivity among MPAs [34].

These four articles provide unique new insights about the role and importance of larval dispersal and natal homing on the resilience and persistence of marine fish species populations in MPAs and more generally in marine ecosystems. They also demonstrate that the methods in which MPAs are implemented currently are not perfect, and are still in need of improvement. Because of this, I find them very interesting and important for the scientific community. The downside of these articles is that they contain very few scientific results. A few results they back up with explanations, but in more cases explanations of their findings are lacking. Though I find these articles interesting and important, they were also very difficult to read. For example the structure in every of the four articles confuses me. Results, discussions and / or conclusions (if any) are scattered throughout the papers, making it very hard to understand the essence of their paper. The results they were presented contained a low statistical N, which gives me doubts about the degree of significance of the results. Figures are meant to clarify the content, but in some cases it did not clarify anything, it made things more confusing. Examples are figure 1 and 2 in ‘Natal Homing in a Marine Fish Metapopulation’ (Thorrold et al. 2001; 22) and figure 3 in ‘Coral Reef Fish Larvae Settle Close to Home’ (Jones et al. 2005; 16).

References

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