

Exploring the multifaceted nature of mTOR signaling in cancer

Andrea Caldarola (S5379903)

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Supervisor: Prof. Dr. C.F. Calkhoven

Research group: Gene Regulation In Ageing and Age-Related Diseases (ERIBA)

Abstract

The mechanistic target of rapamycin (mTOR) is a protein kinase that plays an important role in regulating various cellular processes related to growth, survival, and proliferation, including protein, nucleotide, and lipid synthesis, as well as autophagy.

mTOR mediates its regulatory functions as the catalytic subunit of two protein complexes: mTOR Complex 1 (mTORC1) and mTOR Complex 2 (mTORC2). Many cancers present hyperactivation of mTORC1, which results in uncontrolled cellular growth and proliferation, and, consequently, tumor initiation and progression. The clinical use of rapalogs, the first generation of mTOR inhibitors, has so far proven challenging, owing to their limitations in effectively inhibiting mTORC1, as well as to the fundamental drawbacks associated with mTORC1 inhibition.

This essay presents recent advancements within the field of mTOR signaling in cancer, with a focus on research surrounding the development of enhanced new-generations of mTOR inhibitors, improved targeting of mTOR inhibitor-sensitive cancers, effective combination strategies, as well as mTOR-activating approaches. Based on these advancements, suggestions for areas to be focused on in future research are provided.

Table of Contents

Introduction	3
Activation and downstream effects of mTOR signaling	3
mTOR signaling and current mTOR-targeting approaches in cancer	6
Advancements in mTOR inhibitors.....	7
Identification of cancer subtypes sensitive to mTOR inhibitors	9
Combinational approaches in mTOR-targeting therapies	10
Hyperactivating mTORC1 as a therapeutical strategy.....	11
Discussion.....	12
Bibliography	14

Introduction

The mechanistic target of rapamycin (mTOR) is a serine/threonine protein kinase in the PI3K-related kinase (PIKK) family. The activation of mTOR signaling has a mainly anabolic function, as it promotes lipid, protein and nucleotide production, and suppresses protein catabolism by inhibiting autophagy and proteasomal degradation^[1,2]. mTOR activation also inhibits apoptosis, promotes cytoskeleton remodeling, and shifts glucose metabolism from oxidative phosphorylation to glycolysis and the oxidative pentose phosphate pathway^[1,2]. These processes, driven by mTOR activation, support cell survival, proliferation, and migration^[1,2], which has led to its study within the field of cancer therapeutics.

mTOR acts as the catalytic subunit of two protein complexes: mTOR Complex 1 (mTORC1) and mTOR Complex 2 (mTORC2)^[1,2]. mTORC1 consists of three core components, namely mTOR, regulatory protein associated with mTOR (Raptor)^[3,4] and mammalian lethal with Sec13 protein 8 (mLST8)^[5], and two inhibitory subunits, proline-rich Akt substrate of 40 kDa (PRAS40)^[6-8] and DEP domain containing mTOR interacting protein (DEPTOR)^[9]. mTORC2, on the other hand, is comprised of mTOR, mLST8, and rapamycin insensitive companion of mTOR (Rictor)^[10,11], along with DEPTOR^[9], mammalian stress-activated protein kinase interacting protein 1 (mSin1)^[12-14], as well as protein observed with Rictor 1 and 2 (Protor1/2)^[15-17] as regulatory subunits.

Activation and downstream effects of mTOR signaling

Activation of mTORC1 is induced when stimulation through both growth factors and an increase in amino acids concentration is present, whereas the complex is inhibited when metabolic stressors, namely low ATP levels, hypoxia and DNA damage, are present (Figure 1A)^[1,2].

A key role within mTORC1 activation is that of the Tuberous Sclerosis Complex (TSC), which acts as the major inhibitor of mTORC1. Many of the pathways activated by cellular receptors of growth factors, including PI3K/Akt, MAPK/ERK and Wnt signaling, as well as the TNF α pathway, result in the inhibition of the TSC, thereby activating mTORC1 signaling^[18]. The TSC mediates its regulatory effect by inhibiting the GTPase Ras homolog enriched in brain (Rheb)^[19-21], which is bound to the lysosomal membrane. An increase in amino acid concentration results in the activation of the lysosomal membrane-bound Rag GTPases, which can then recruit mTORC1 to the lysosomal membrane where it can be activated by Rheb if the TSC has been inhibited by growth factor signaling^[22,23]. mTORC1 can also be activated by Rheb located on the membrane of the Golgi apparatus, as increases in amino acids also activate the Rab1A GTPase, which recruits mTORC1 to the Golgi^[24]. Additionally, the activation of PI3K/Akt signaling results in the phosphorylation of mTORC1's inhibitory subunit PRAS40, as well as its dissociation from the complex, further activating mTORC1^[7].

Signaling induced by metabolic stressors, including activation of 5' AMP-activated protein kinase (AMPK) due to cellular energy deficit or hypoxia and the p53-mediated DNA damage response, result in direct inhibition of mTORC1 through phosphorylation^[25], as well as inhibition through activation of TSC^[26-28] and AMPK-independent inhibition of the Rag GTPases^[29,30]. AMPK's direct effect on mTORC1 is mediated through the phosphorylation of its regulatory subunit Raptor, which induces binding of 14-3-3 proteins and thus inhibition of mTORC1^[25].

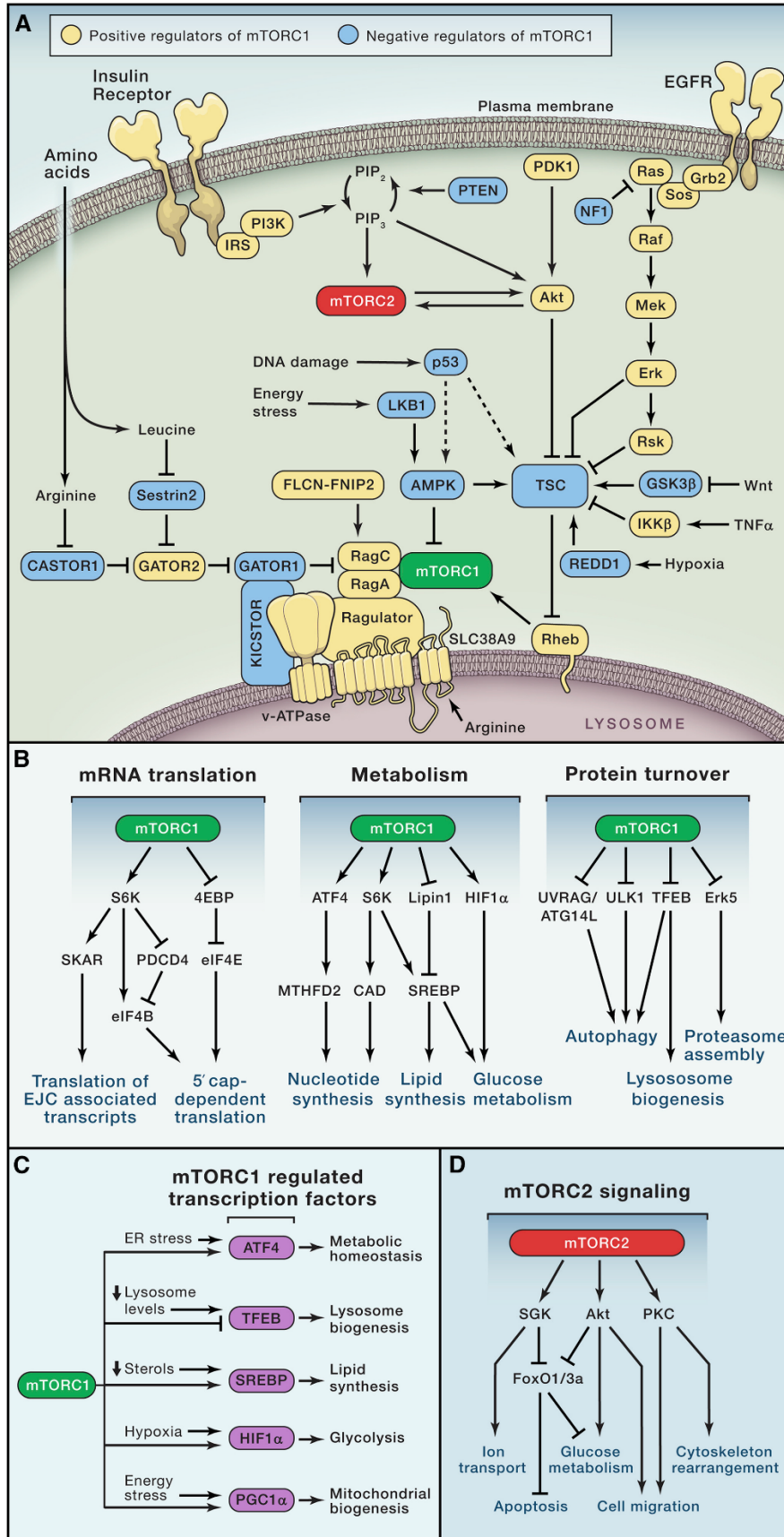


Figure 1. Activation and downstream effects of mTOR signaling.

A) Signaling pathways which regulate mTOR activation.
 B) Main downstream pathways promoted by mTORC1 activation.
 C) Transcription factors induced by mTORC1 signaling, and physiological stimuli which activate them.
 D) Main downstream pathways promoted by mTORC2 activation.

From Saxton & Sabatini, 2017^[1]

Like mTORC1, mTORC2 is activated by growth factor-related signaling (Figure 1A), specifically by stimulation through the insulin/insulin-like growth factor-1 (IGF-1) pathway through PI3K and Akt. When PI3K/Akt signaling is not active, mTORC2 is inactivated by its inhibitory subunit mSin1. mSin1 possesses a domain which can be bound by phosphatidylinositol (3,4,5)-trisphosphate, which is generated by activated PI3K^[31]. This interaction relieves mSin1's inhibitory effect, thus activating mTORC2. mTORC2 is also activated through phosphorylation of mSin1 by Akt^[32], which is itself a primary target of mTORC2^[33]: a positive-feedback loop between Akt and mTORC2 activation is present.

Interestingly, mTORC2 has been shown to be activated by certain catabolic signals: mTORC2 is directly activated through phosphorylation by activated AMPK, and it is also activated by nutrient deprivation due to decreasing glutamine catabolites^[34].

mTORC2 is regulated by mTORC1 due to the presence of a negative feedback loop within mTORC1 signaling: mTORC1 activates two negative regulators of insulin/IGF-1 signaling, growth factor receptor-bound protein 10 (Grb10)^[35,36] and p70S6 Kinase 1 (S6K1)^[37,38]. mTORC1 activity is likewise regulated by mTORC2 since, as previously mentioned, activated Akt inhibits the mTORC1-inhibiting TSC^[18] and Akt is a primary target of mTORC2^[33].

The interplay between the two mTOR complexes and the network of interactions that lead to their activation showcase the great complexity of mTOR signaling.

The two mTOR complexes promote cell survival, proliferation, and migration by phosphorylating effector proteins, through which the effects of mTOR activation on protein, lipid and nucleotide synthesis, as well as glucose metabolism and protein catabolism, are mediated (Figure 1B, 1C and 1D)^[1,2].

In protein synthesis, mTORC1 exerts its influence by phosphorylating both eIF4E Binding Protein 1 (4EBP1)^[39,40] and S6K1^[41], which is also involved in mediating mTORC1's effects on lipid, nucleotide, and glucose metabolism. The phosphorylation of S6K1 triggers its activation through phosphorylation by phosphoinositide-dependent kinase 1 (PDK1), enabling S6K1 to then phosphorylate various substrates that promote mRNA translation initiation and to interact with S6K1 Aly/REF-like substrate (SKAR) to enhance translation efficiency^[41,42,43]. Concurrently, the phosphorylation of 4EBP1 triggers its dissociation from the 5'cap-binding protein eIF4E, allowing for mRNA translation to begin^[39,40].

In lipid synthesis, mTORC1 mediates the activation of sterol-responsive element binding protein (SREBP) transcription factors^[44] both through activating phosphorylation of the aforementioned S6K1, which can phosphorylate SREBP1c to prevent its proteasomal degradation^[45,46], as well as inhibitory phosphorylation of the SREBP-inhibiting Lipin1^[47]. The activation of SREBPs results in increased expression of genes involved in fatty acid and cholesterol biosynthesis^[44].

Regarding nucleotide synthesis, mTORC1 acts by activating through phosphorylation transcription factor 4 (ATF4) and S6K1^[48-50]. Activated ATF4 stimulates expression of the mitochondrial tetrahydrofolate (mTHF) cycle enzyme methylenetetrahydrofolate dehydrogenase 2 (MTHFD2), which is involved in purine synthesis^[48], while S6K1 phosphorylates and activates carbamoyl-phosphate synthetase (CAD), which is an enzyme involved in pyrimidine synthesis^[49,50].

Within the context of glucose metabolism, mTORC1 increases the translation of the transcription factor subunit hypoxia-inducible factor 1- α (HIF-1 α), which, in turn, drives the expression of glycolytic enzymes^[45]. The activation of SREBPs also enhances flux of glucose through the oxidative pentose phosphate pathway (PPP), as large amounts of NADPH is needed to drive the induced de novo lipid biosynthesis, and the ribose produced in this pathway is also needed for the synthesis of nucleotides^[45].

mTORC1 prevents autophagy initiation by phosphorylating a key kinase in autophagosome formation, unc-51-like autophagy-activating kinase 1 (ULK1), thus impeding its activation by AMPK^[51]. mTORC1 also phosphorylates the transcription factor EB (TFEB), inhibiting its nuclear translocation and thus its stimulating effect on the expression of genes related to lysosomal biogenesis and autophagy^[52,53,54]. Moreover, mTORC1 influences protein turnover through the ubiquitin-proteasome system (UPS), as its inhibition has been shown to increase proteasome-dependent proteolysis, either by elevating protein ubiquitylation^[55] or enhancing expression of proteasomal chaperones^[56]. Interestingly, prolonged mTORC1 activation boosts proteasome activity, suggesting a compensatory mechanism to counteract the increase in protein synthesis mediated by mTORC1 signaling^[57].

mTORC2, on the other hand, mediates its effects by phosphorylating members of the AGC protein kinase family, including PKC α , PKC δ , PKC ζ , PKC γ and PKC ϵ , which are involved in regulating cytoskeletal remodeling and cell migration^[10,11,58-60]. As mentioned previously, Akt is a primary target of phosphorylation by mTORC2^[33]. Once activated, Akt promotes cell survival, proliferation, and growth by inhibiting the FoxO1/3a transcription factors (which promote cell cycle arrest and apoptosis) and the TSC^[26,61]. Another protein kinase of the AGC family phosphorylated by mTORC2 is serum- and glucocorticoid-induced protein kinase 1 (SGK1), which also inhibits the FoxO transcription factors and regulates ion transport, thereby promoting cell survival^[62].

mTOR signaling and current mTOR-targeting approaches in cancer

The hyperactivation of mTOR signaling results in the promotion of processes associated with oncogenic cell growth, namely cell survival (through inhibition of apoptosis) and proliferation, as well as migration. The signaling pathways that activate mTOR signaling, namely the PI3K/Akt and the MAPK/ERK pathway are indeed often found to be hyperactivated in cancer through mutations in the genes encoding the pathway proteins^[1,63]. mTOR signaling hyperactivation can also be induced by activating mutations within the individual components that lead to mTOR activation, such as the Rag GTPases, or inactivating mutations within its negative regulators, such as p53^[1,63]. Mutations within the mTOR gene itself can be found at a rate between 12-4% in different cancers: endometrial carcinoma, melanoma, esophagogastric adenocarcinoma, colorectal adenocarcinoma, renal clear cell carcinoma, and non-small cell lung cancer^[64]. mTOR has also been observed to be mutated in 3% of metastatic cancers in two cohorts^[64].

This interest in mTOR led to the development of mTOR inhibitors, the first of which are derivatives of the natural compound rapamycin named rapalogs (Figure 2). These compounds act by forming a complex with FK506-binding protein 1A (FKBP1A), which can then bind mTOR both by itself as well as within mTORC1, thus inhibiting the latter^[65]. While rapalogs can only directly inhibit mTORC1, the binding of the rapalog-FKBP1A complex to mTOR prevents its participation in the mTORC2 complex, which translates into rapalogs having an inhibitory effect on mTORC2 signaling following prolonged treatment^[66]. Two rapalogs, temsirolimus and everolimus, have been approved by the European Medicines Agency for use in advanced HR+, HER2- breast cancer; advanced pancreatic neuroendocrine tumors; advanced neuroendocrine tumors of gastrointestinal or lung origin; advanced renal cell carcinoma and mantle cell lymphomas^[67,68].

However, rapalogs have seen limited success in clinical settings, which has been attributed to different factors. Firstly, rapalogs do not completely inhibit mTORC1 activity, as the phosphorylation of some substrates is not completely inhibited by rapalog treatment. Specifically, the phosphorylation of 4EBP1 is only partially affected by rapalog treatment^[69-72], and this process has been observed to be among the most important in mTOR hyperactivation-driven tumorigenesis^[73,74]. Secondly, rapalogs inhibit mTORC1's

phosphorylation of Grb10 and S6K1^[35-38], which once activated negatively regulate PI3K/Akt signaling. Rapamycin has also been shown to activate Ras/MEK/ERK signaling by activating the proto-oncogene tyrosine-protein kinase Src and the epidermal growth factor receptor^[75]. Furthermore, rapamycin has been shown to up-regulate expression and phosphorylation of the platelet-derived growth factor receptor beta, resulting in the activation of both PI3k/Akt and MAPK/ERK signaling^[76]. Thus, inhibiting mTORC1 partially results in the upregulation of signaling that stimulates cell proliferation. Finally, rapalogs, by inhibiting mTORC1, induce autophagy, which can benefit tumors characterized by poor vascularization and low abundance of nutrients, such as pancreatic cancers^[77].

Owing to the drawbacks of rapalogs and mTOR's central role in regulating biological processes associated with malignancy, an important research question to be investigated is thus:

How can mTOR-targeting therapeutic strategies be improved?

mTOR signaling in cancer has been extensively explored in recent years. Certain research findings have led to the identification of several approaches which may be the key to overcoming the limitations of the current based approved therapeutic strategies targeting mTOR. Firstly, improving mTOR targeting through new mTOR inhibitors (mTORi) with different mechanisms of action from rapalogs. Secondly, identifying cancer types which are most responsive to mTORi-based therapeutic approaches. Thirdly, combining mTORi with chemotherapeutic, immunotherapeutic or specific target-therapy compounds. Finally, hyperactivating mTOR in order to induce anti-cancer effects.

Advancements in mTOR inhibitors

To address some of the drawbacks that characterize rapalogs, a new generation of mTORi was developed: ATP-competitive mTORi (ATP-mTORi), which act by binding to the active site of mTOR (Figure 2)^[1,63]. This distinct mechanism of action results in ATP-mTORi having different molecular effects from rapalogs. Firstly, ATP-mTORi are capable of binding mTOR both within mTORC1 and mTORC2, and thus inhibit both complexes^[70,71]. Secondly, as competitive inhibitors ATP-mTORi act by obstructing the catalytic site, and thus have a stronger effect on the phosphorylation of substrates than rapalogs, which are allosteric inhibitors that bind to a more superficial region of mTOR's catalytic cleft^[63]. In line with this, ATP-mTORi have been shown to be effective in inhibiting 4EBP1 phosphorylation^[70,71], as opposed to rapalogs, resulting in greater anti-cancer effects and promising pre-clinical results^[1,63]. ATP-mTORis have also been explored in clinical settings, though they have so far produced ambivalent results, demonstrating anti-cancer effects as well as toxicity issues. One example is Sapanisertib, which has shown clinical benefit when treating certain cohorts of advanced HR+, HER2- breast cancer patients. Specifically, Lim et al. reported a clinical benefit rate at 16 (CBR-16) weeks of 45% and an overall response rate (ORR) of 8% when combining sapanisertib with exemestane/fulvestrant in advanced HR+, HER2- breast cancer patients which had already been treated with everolimus and exemestane/fulvestrant, and found to be sensitive to everolimus^[78]. The CBR-16 and ORR were reduced in patients who had been observed to be everolimus-resistant, respectively at 23% and 2%. Sàenz et al. observed an increase in median progression-free survival (PFS) when comparing treatment with fulvestrant alone (PFS: 3.5 months) to fulvestrant in combination with either weekly sapanisertib (PFS: 5.6 months) or daily sapanisertib (PFS: 7.2 months)^[79]. However, treatment discontinuation due to adverse events was also observed more frequently in the combination therapy arms. No ATP-mTORi has been fully approved for clinical use by either the EMA or the FDA, however sapanisertib was granted fast track designation by the FDA for the treatment of patients advanced lung squamous cell carcinomas (LUSCs) with mutations in the nuclear factor erythroid 2-related

factor (NFE2L2) gene, and who have been already treated with chemotherapy and immune checkpoint inhibitor therapy. This followed the results of a clinical trial in which treatment of this patient group with Sapanisertib resulted in an ORR of 25% and a PFS of 8.9 months^[80].

It has been hypothesized that the inhibitory effect that ATP-mTORis have on mTORC2 is detrimental to their overall clinical benefit. This is because Akt inhibition (as Akt is a primary target of mTORC2) results in induction of hyperglycemia^[81] and the relief of a feedback inhibition mechanism mediated by Akt on the expression of receptor tyrosine kinases (RTK)^[82]. Moreover, the enhanced anticancer effect have been found to be mostly mediated by their more complete inhibition of mTORC1, and thus to be independent of mTORC2^[70,71]. This has led to the development of third generation mTORi known as bi-steric mTORi or Rapalinks (Figure 2). These compounds are composed of a rapamycin-like core moiety, which determines selectivity for mTORC1, fused to an ATP-mTORi in order to obtain a stronger inhibitory effect on mTORC1's catalytic activity than that of rapalogs^[83]. This strategy has proven effective in pre-clinical data, with rapalinks showing effective inhibition of 4EBP1 phosphorylation and anti-cancer effects^[84]. Another advantage of rapalinks is that they are less susceptible to the development of drug-resistance through mutations. This is because in the case of rapalogs and ATP-mTORis a mutation respectively in the FKBP12 binding domain or in the kinase domain of mTOR can prevent the binding of the compound to mTOR^[85]. Rapalinks, on the other hand, can still inhibit mTORC1 after the development of a resistance mutation, as they bind to mTOR at two different sites. One of these compounds, RMC-5552, is currently being studied as a combination treatment with RAS(ON) inhibitors in patients with relapsed/refractory solid tumors^[86]. This trial has shown promising initial results, with a partial response in 1/5 evaluable patients and stable disease in 3/5.

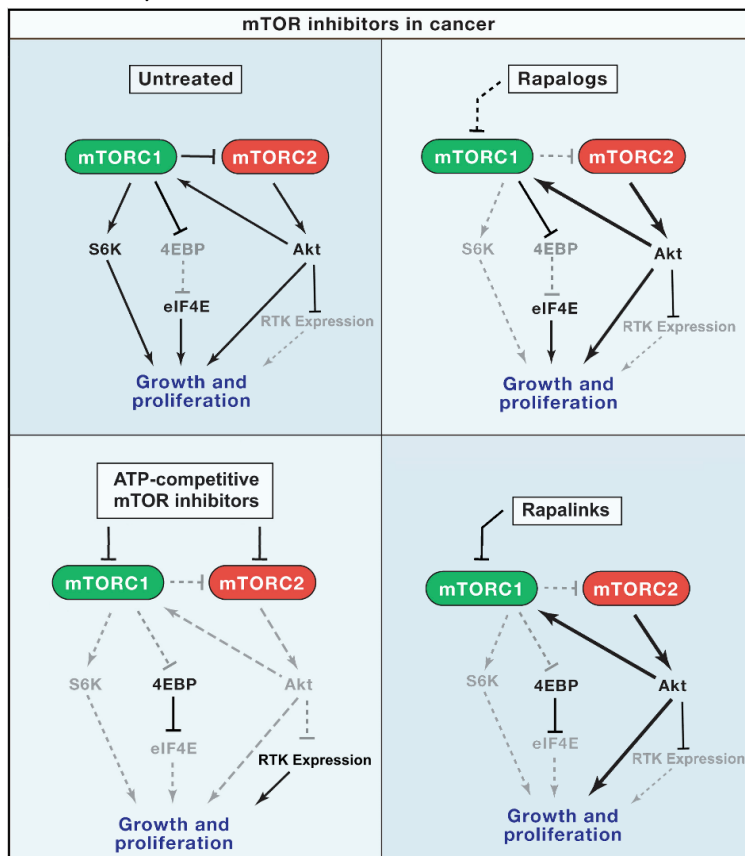


Figure 2. Effects of mTOR inhibitors on major mediators of cell growth and proliferation. Pathway components active in each condition are indicated in black, inhibited and thus inactive components are indicated in gray.

Adapted from Saxton & Sabatini, 2017^[1]

Another avenue of research that has been investigated is improving mTORi through nanomedicinal approaches. This aims to improve the pharmacokinetic properties of mTORi, and thus enhance clinical benefit by increasing drug delivery of the compound to the tumor, thus increasing anti-cancer effects and decreasing adverse events. One example is nab-sirolimus, i.e. albumin-bound rapamycin in the form of nanoparticles, that has exhibited effective anticancer activity in pre-clinical studies^[87-89], as well as positive clinical results. In a phase 2 clinical trial, treatment of malignant perivascular epithelioid cell tumors (PEComa) with nab-sirolimus resulted in an ORR of 39%, stable disease in 52% of patients and mostly manageable treatment-related adverse events^[90]. Another study showed positive results in different nonhematologic malignancies, with 2/17 evaluated patients showing a partial response and 12/17 exhibiting stable disease^[91]. Furthermore, the study found that nab-sirolimus effectively inhibited phosphorylation of 4EBP1, showcasing an improvement over rapalogs regarding this important drawback.

Identification of cancer subtypes sensitive to mTOR inhibitors

In order to improve mTOR targeting approaches, a clear strategy is to identify cancers which are most likely to be heavily affected by mTOR inhibition.

Cancers with mutations in genes that result in hyperactive mTOR signaling, such as activating mutations within mTOR itself^[92,93], are the ones most likely to be sensitive to rapalog treatment. Mutations within the components of the TSC, such as TSC1 and TSC2, have been widely observed to determine mTORi sensitivity, with many examples of patients harboring TSC1/2 inactivating mutations exhibiting enhanced clinical benefits from mTORi therapy when applied to different kinds of cancers, including renal and urothelial carcinomas^[93,94]. This was also observed in the aforementioned clinical trial in which PEComas were treated with nab-sirolimus: 89% of patients harboring a TSC2 mutation achieved a confirmed response, while only 13% of patients without a TSC2 mutation responded to the treatment^[90].

The relation of mTOR expression levels to mTORi sensitivity has not yet been extensively studied, however it has been found to be associated with disease onset and progression in various types of cancers, including gastric, prostate, esophageal, liver, and ovarian cancers^[95]. In some cases, mTOR overexpression correlates with a more aggressive phenotype and worse prognosis, however, this can vary between different cancer subtypes. For example, while high mTOR expression seems to be a positive prognostic marker in luminal breast cancers^[96], it correlates with more aggressive triple negative breast cancer phenotypes^[97]. High mTOR levels have been linked to disease recurrence in laryngeal and hepatocellular carcinomas^[98,99]. In this context, it may be beneficial to use tumor transcriptomic data in order to find patients which may benefit from mTORi treatment.

In recent years, alterations in several genes that are not part of the mTOR signaling pathway have been found to impact sensitivity to mTORi. Firstly, hyperactivity of the MYC transcription factor has been shown to determine resistance to PI3K/mTOR inhibitors^[100,101]. Indeed, deregulation of MYC has been shown to create a dependence on AMPK-related kinase 5 (ARK5) and inhibit mTORC1 signaling, thereby reducing the effectiveness of mTORi^[102]. MYC status was also found to be significantly associated with insensitivity to treatment with everolimus in metastatic breast cancer patients^[103]. A significant association between response to rapalog treatment and the cytoplasmic levels of metastasis-associated antigen 1 (MTA1), an adenosine triphosphate (ATP) synthase modulator, in breast cancer patients^[104]. High expression of the pro-angiogenic growth-promoting factor Midkine (MDK) was observed in rapamycin-resistant stem-like tumor cells which originated from TSC-associated tumors^[105]. Moreover, an association between the RNF43_p.G659fs mutation, detected in approximately 8% of patients with colorectal cancer, and increased

PI3K/mTOR inhibitor sensitivity was observed^[106]. Loss of the mitogen-activated protein kinase 6 (MAPK6), whose overexpression has been found to be associated with worse prognosis in several cancers, was found to sensitize cancer cells to treatment with ATM-mTORi^[107]. Similarly, the loss of Phosphatidylinositol 3-kinase C2 domain-containing subunit gamma (PIK3C2G), which has been observed to be frequently downregulated in pancreatic ductal adenocarcinoma (PDAC) as well as associated with more aggressive phenotypes of PDAC, was found to sensitize pancreatic cancer cells and tumors to everolimus^[108]. Overall, these findings indicate that sensitivity to mTORi is affected by a cancer cell's reliance on mTOR signaling in order to sustain its proliferation, as activation of alternative proliferation pathways (e.g. through hyperactivity of MYC or MDK) resulted in insensitivity to mTORi.

Combinational approaches in mTOR-targeting therapies

Another avenue of research related to mTOR signaling in cancer is the exploration of combination treatments. Rapalogs have shown to be effective as part of a combination treatment in different advanced tumors^[63]. Everolimus has been shown to be effective in combination with CDK inhibitors^[109,110], chemotherapeutic agents^[111,112], RTK-signaling-targeting monoclonal antibodies and inhibitors^[111,113-116] in advanced cancers, as well as with aromatase inhibitors^[110,113-115] in breast cancer. Similarly, temsirolimus has been shown to provide clinical benefit when used in combination with RTK-signaling-targeting monoclonal antibodies and inhibitors^[117-119] and chemotherapeutic agents^[120-122] for the treatment of advanced tumors.

The effectiveness of combination therapies using mTORi and chemotherapeutic agents can partially be attributed to relief of mTORC1 hyperactivity-dependent chemoresistance. Indeed, mTOR signaling has been shown to regulate the expression of the Fanconi anemia group D2 protein, with mTOR hyperactivity thereby promoting the repair of DNA double-strand breaks and resistance to DNA-damaging chemotherapeutic agents^[123]. Furthermore, mTORi has been shown to restore sensitivity to adriamycin/cisplatin in a multidrug-resistant oropharyngeal carcinoma cell line^[124]. Similarly, the combined treatment of chemoresistant epithelial ovarian cancer cells with cisplatin and a PI3K/mTOR inhibitor showed significantly enhanced anticancer effects compared to cisplatin^[125]. Moreover, the Aurora-A kinase was observed to induce chemoresistance in endometrial cancer cells by activating mTOR signaling^[126]. Similarly, the m6A RNA demethylase alkB homolog 5 (ALKBH5) was observed to mediate cancer stemness and chemoresistance in pancreatic cancer cells through indirect activation of mTOR signaling^[127]. Finally, higher mTOR protein or expression levels have been observed to be associated with decreased sensitivity to chemotherapy respectively in patients with urothelial carcinoma^[128] and acute lymphoblastic leukemia^[129].

Many mechanisms known to be associated with immunotherapy resistance, including defective neoantigen presentation, T-cell resistance, increased levels of immunosuppressive cytokines and presence of inhibitory cell types, have been observed to be linked to the PI3K/AKT/mTOR pathway^[130]. Another logical approach would thus be to investigate synergistic interactions between immunotherapeutic agents and mTORi. Targeting PI3K/AKT/mTOR signaling has been found to enhance the effectiveness of anti-PD1 and anti-CTLA4 immune checkpoint inhibitor (ICI) therapies in pre-clinical models of melanoma^[131], non-small cell lung cancer^[132] and breast cancer^[133]. Recent clinical trials have mainly focused on combining ICIs with PI3K inhibitors for the treatment of advanced melanomas^[134,135] and lymphomas^[136], with preliminary results indicating that the combination can be used safely.

Interestingly, recent studies also suggest that inhibiting PI3K/AKT/mTOR signaling during the manufacturing process of chimeric antigen receptor (CAR) T-cells can lead to enhanced CAR T-cell production^[63,137]. This is due to stimulation of the T-cell receptor during the CAR T-cell manufacturing process activating the PAM pathway, leading to T-cell differentiation and decreased CAR T-cell persistence^[138]. In this context PI3K inhibitors have been shown to restrict T-cell differentiation, improve CAR T-cell persistence, reduce exhaustion markers, and result in an increase in production of CD8+ CAR-T cells, which results in increase tumor-targeting cytotoxicity^[138-141].

Finally, combination therapies can be used to address the fundamental issues concerning mTOR-targeting therapeutical approaches.

As mentioned previously, inhibition of mTORC1 partially results in the upregulation of RTK-signaling. Combination therapies employing rapalogs and compounds such as trastuzumab and bevacizumab have been found to be clinically beneficial^[111,113,118], and this may be partially due to the fact that these compounds mitigate the RTK signaling-upregulation drawback of rapalogs, producing a synergistic effect. Moreover, compounds capable of inhibiting both mTOR and PI3K (dual PI3K/mTOR inhibitors) have shown anti-cancer activity when used to treat several advanced solid tumors^[63]. As these compounds address one of the limitations of mTORC1 inhibition, i.e. its activating effect on PI3K/Akt signaling, it may be possible to obtain a similar synergistic effect by combining Rapalinks, the new-generation of mTORC1 inhibitors, with PI3K inhibitors.

Another effect of mTORC1 inhibition is the induction of autophagy, which may limit their use in cancers which may benefit from this, such as poorly vascularized and nutrition-starved tumors, such as pancreatic cancers. This limitation could be addressed by combining mTORi with autophagy inhibitors. Indeed, the combination of rapalogs with the autophagy inhibitors chloroquine and hydroxychloroquine has shown some promising results in clinical trials when used to treat advanced solid cancers and melanomas^[142,143].

Hyperactivating mTORC1 as a therapeutical strategy

A recent development within the greater research field of mTOR-signaling in cancer, is the observation of anticancer effects associated with hyperactivation of mTORC1.

Specifically, knockdown of the TSC component TSC1 was observed to enhance mTORC1 activity, mitochondrial respiration, ROS production and apoptosis, thereby reducing cell viability within Burkitt's lymphoma (BL) cell lines and reducing tumor growth in xenotransplanted tumors^[144]. Within BL cells, TSC1 expression was found to be upregulated by MYC overexpression^[144] (as BLs are MYC-driven cancers), which is consistent with previous finding of MYC-driven mTORi resistance: the upregulation of TSC1 results in broad inhibition of mTORC1 signaling, thus the cancer cells do not rely on mTORC1 signaling to promote growth and proliferation, leading to resistance to mTORi. Moreover, mTORC1 hyperactivation was found to sensitize multiple myeloma (MM) cells to treatment with proteasome inhibitors^[145]. Similarly to what was observed by Hartleben et al. in BL cells^[144], mTORC1 hyperactivation in MM cells led to mitochondrial stress and ROS production^[145]. Thus, mTORC1 hyperactivity's effect on cell viability may be due to the induction of metabolic stress and impairment of stress adaptation. These findings hint at the possibility of hyperactivation of mTORC1 providing clinical benefits in patients with certain malignancies, such as MYC-driven or metabolic stress-sensitive cancers.

A function for mTORC1 hyperactivation has also been proposed in cancer immunotherapy, as TSC2-depleted melanoma cells have been observed to be more sensitive to cytotoxic T lymphocyte (CTL)-mediated cell death^[146]. This was found to be caused by the inability of these cells to shift their mTOR

signaling balance towards mTORC2, as well as elevated expression of the TNF-related apoptosis-inducing ligand (TRAIL) receptors. Moreover, melanoma patients with a lower TSC2 expression:TRAIL signaling ratio were observed to be significantly more likely to respond to ICI therapy^[146]. Of note, the promotion of anabolic metabolism mediated by mTORC1 is required for T-cell activation and expansion^[1], which may result in further enhancement of T-cell-mediated responses in mTOR-hyperactivating approaches.

Discussion

Overall, recent advancements in mTOR signaling research, specifically within the development of advanced mTORi, improved targeting of mTORi-sensitive cancers, effective combination strategies, as well as mTOR hyperactivation, have opened new possibilities for improving cancer treatments.

Within the research areas of mTOR inhibitors, RapaLinks were designed to address the drawbacks of both rapalogs and ATP-mTORi. These compounds have shown promise in pre-clinical data^[83,84], and merit further study in clinical settings. Rapalinks may also benefit from the use of nanomedicinal technologies in order to enhance drug delivery in advanced solid tumors treatment, which is likely to be one of the main applications of these compounds, as both rapalogs and ATP-mTORi have often been shown to have clinical benefits when used to treat this category of malignancies^[63]. Thus, applying nanomedicinal technologies to next-gen mTORi should also be further explored in future research, for example in order to evaluate the effectiveness of Rapalinks on malignancies that benefit from the use advanced drug delivery platforms, such as pancreatic cancers, which are often poorly perfused and thus difficult to reach through conventional drug administration^[147].

Stratification of patients through genomic and transcriptomic data is likely to be the most effective strategy in assigning mTORi-based therapies to the patients who are most likely to respond to them. Thus, a key area of focus in future research should be the integration of large next-generation sequencing datasets of patients which have been treated with mTORi, in order to find alterations within tumor genomes or transcriptomes which create a dependency on hyperactive mTOR signaling and thus sensitize cancers to mTORi (such as RNF43_p.G659fs^[106] and loss of PIK3C2G^[108]), as well as alterations which determine independence from mTOR signaling and thus mTORi resistance (such as MYC^[100-103] and MDK^[105] hyperactivity). This data should then be used to select patients which will most benefit from mTORi-based therapies, as well as to find possible novel synergistic combination treatment approaches. For example, as MTA1 knockout was shown to increase sensitivity to mTORi, and high MTA1 expression was found to be correlated with mTORi resistance in breast cancer patients, a combination of novel MTA1 inhibitors and mTORi may provide clinical benefits to specific patients^[104].

Using new-generation mTORi in order to sensitize chemo/immunosensitive cancers to respectively DNA damage-based chemotherapeutic agents or ICIs is also an area that merits further investigation as PI3K/Akt/mTOR signaling has been shown to have a strong link to the molecular mechanisms which mediate chemoresistance^[123-127] and immunotherapy resistance^[130]. Rapalogs have already been shown to provide clinical benefits when used in combination with chemotherapeutic agents^[111,112,117-119], thus it's likely that a similar and possibly greater benefit may be gained by using Rapalinks. Ultimately, the effectiveness of Rapalinks may still be limited by the fundamental drawbacks of mTORC1 inhibition, namely the induction of RTK signaling^[35-38,75,76] and autophagy^[77]. Thus, it will be important to investigate the presence of synergistic effects between Rapalinks and compounds that can address their limitations, such as RTK-targeting inhibitors and monoclonal antibodies, PI3K inhibitors and autophagy inhibitors.

Finally, as shown by Hartleben et al.^[144] and Darawshi et al.^[145], studying hyperactivation of mTORC1 signaling within MYC-driven or metabolic stress-sensitive cancers is also an area of research which merits further investigation, as it may lead to development of new effective therapeutic approaches for specific patients. Since depletion of TSC2 was observed to sensitize melanoma cells to T cell-induced killing^[146], combining hyperactivation of mTORC1 with immunotherapies may also be an interesting avenue of research. This observation, however, is at odds with previous findings, namely the observation of PI3K/Akt/mTOR signaling inhibitors having immunotherapy-enhancing effects^[131-133]. This could be due to mTORC1 signaling regulating both immunosuppressive and immune-promoting mechanisms, and the balance between the two being shifted in favor of immune-promoting functions (such as promoting TRAIL receptor expression) when mTORC1 is hyperactivated. Hyperactivation of mTORC1 may be achieved through the development of novel inhibitors of the components of the TSC, TSC1 and TSC2. While hyperactivation of mTORC1 could hypothetically have a detrimental effect through the promotion of processes associated with malignancy, namely cell proliferation and migration, individuals harboring germline mutations which inactivate the components of the TSC mostly develop benign tumors such as angiomyolipomas and angiofibromas^[148]. Thus, the clinical benefits of TSC inhibitors may well outweigh their possible drawbacks when used to treat cancers sensitive to mTORC1 hyperactivation.

In conclusion, while mTOR-targeting did not find immediate widespread success in cancer therapy, recent developments within the broader field of research on mTOR signaling in cancer present a range of promising strategies for improving mTOR-targeting approaches. Through the development of more advanced mTORi, improved targeting and novel combination strategies, as well as possibly unorthodox activating approaches, continuing research within this field will be essential in bringing us closer to finding more effective cancer therapies. While challenges and limitations persist, these developments have advanced our understanding of cancer and have brought us closer to the establishment of new clinically beneficial mTOR-targeting therapies.

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